

Beyond Better

Beginning from a Level of New Launch Potential

***An Advanced Workshop Series
For the “Be Better” Professional***

UV / ESP

People in need or in want of physical change should invest \$____ per _____ to retain my services because I

What Do I Want? (*A Piece of the New Dream*)

My Future / My Habits

Prosperity

Reach

Funnel

Spillover

Passion

Human Connection

Growth

Spirit

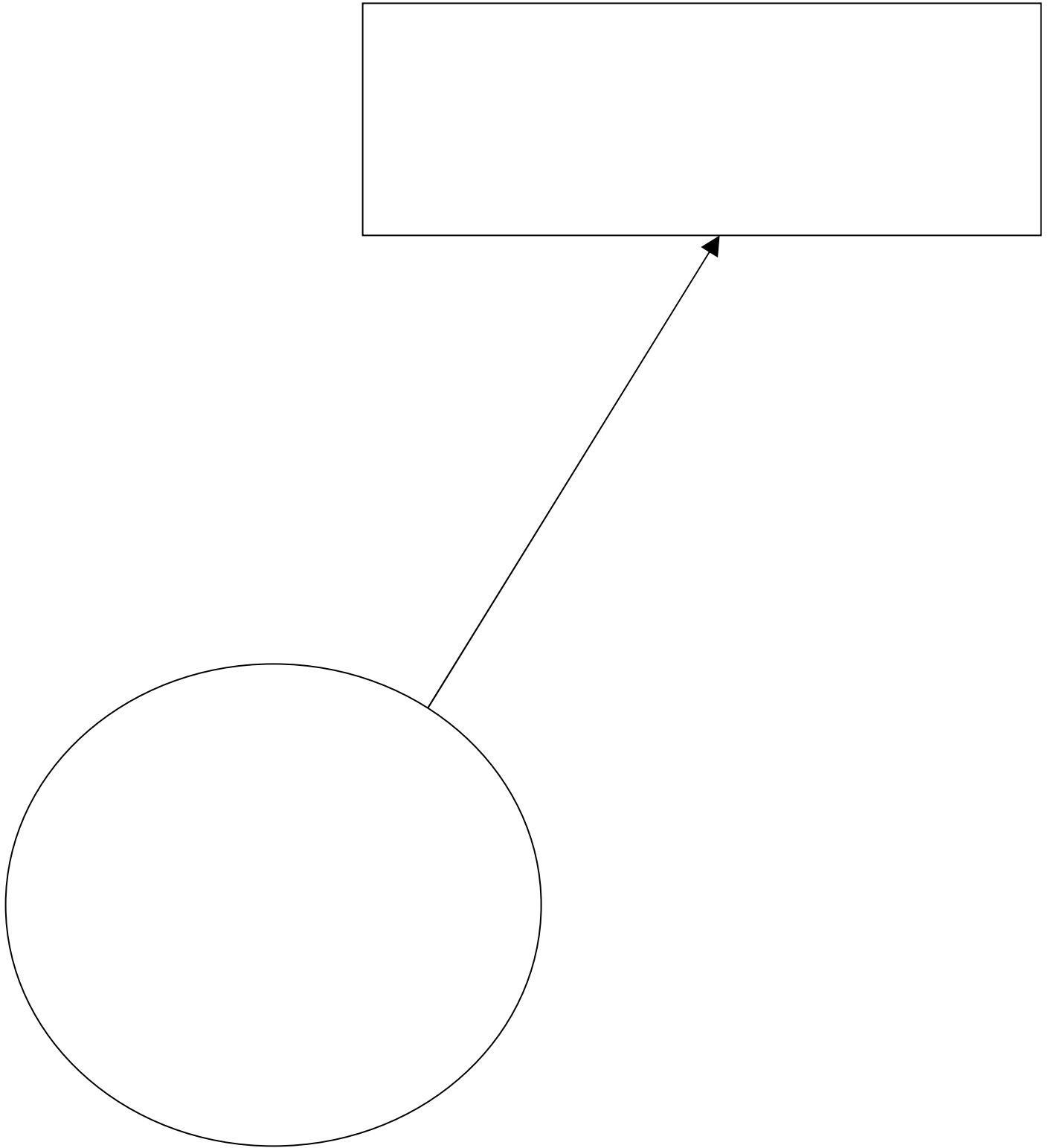
Synergy

The Right Nutrition

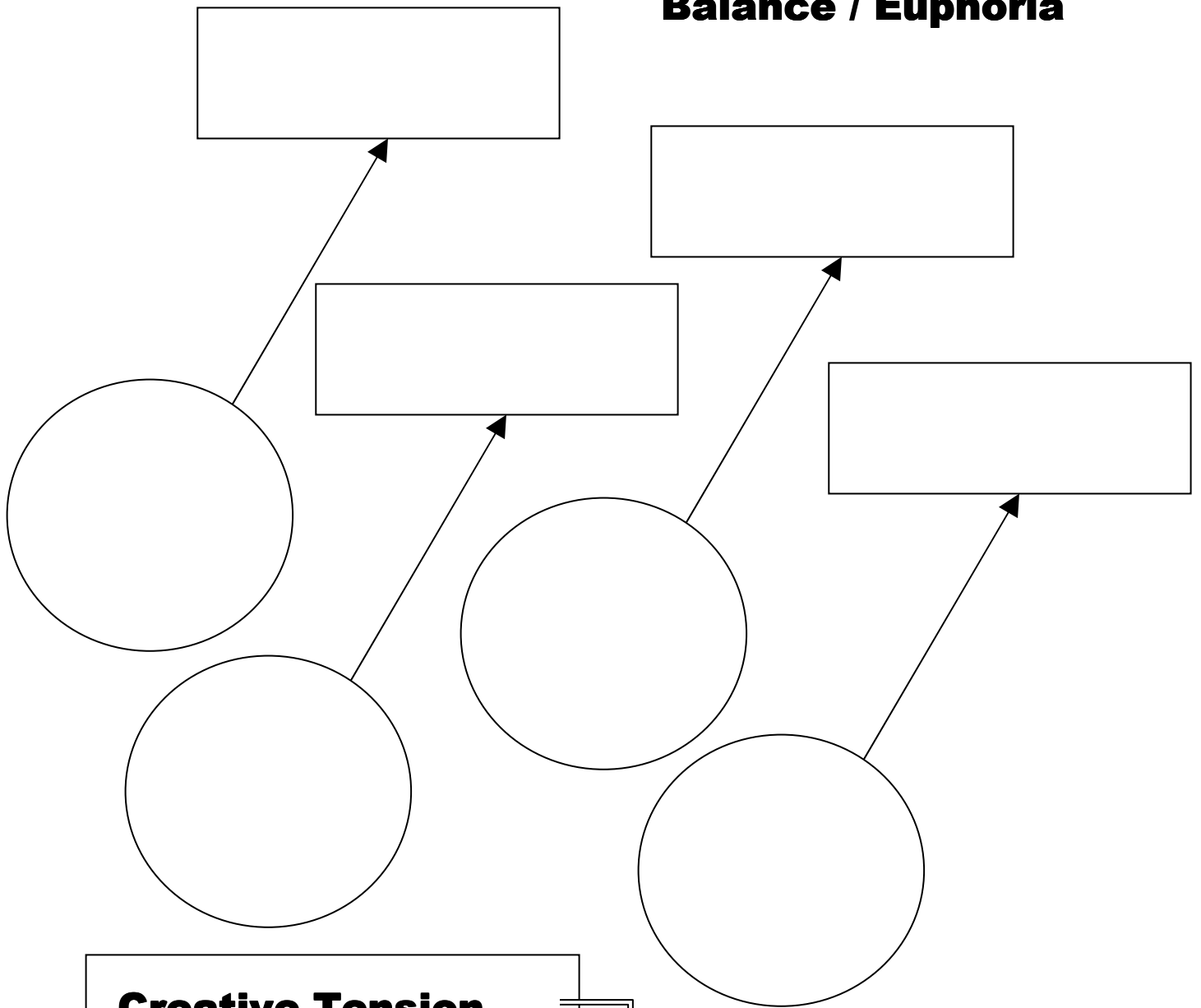
Moderate Aerobic Exercise

A Concern For Muscle

Creative Tension



Balance / Euphoria



Creative Tension

--- **Dare Not Go** ---

Distraction

Procrastination

Negative Talk

Emotional Tension

Money Worry

Dysphoria

The Four Days I Love

Date _____

Date _____

Date _____

Date _____

An Uncharacteristic Absurdity

An Act of Selflessness

Hours of Tranquility / Recharge

I've Always Wanted To

Integrity

I am who I am, and nobody else has all that I have.
That brings me a strategic advantage. Some of the
experiences that allowed me to gain my unique insights
and benefit accordingly are:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Digging deeper, some actions that I've taken or
witnessed that might not tie into my present moral
compass but have served to make me who I am today
include:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____